



# GUIDE TO GARDENING



28 000  
TRAINED



701  
GARDENS



77 450  
SEEDLINGS

TALK TO US  
+27 41 453 1222



VISIT US ONLINE

[www.alfidaa.co.za](http://www.alfidaa.co.za)



## INTRODUCTION

The Al Fidaa Foundation was formed in August 2008 to assist the needy in areas of the Eastern Cape. Our ambition is to assist impoverished individuals, irrespective of creed, race or culture.



## OUR MISSION

To achieve this goal a three-fold strategy has been initiated viz.

Soup Kitchen Feeding Projects established to provide nutritious meals to impoverished individuals /communities.

Several Skills Development and Education Programs have been initiated by Al Fidaa Foundation to educate and empower individuals in order to gain financial independence and employment.

Many Social Welfare & Poverty Alleviation projects have been established to provide social welfare to the poor in the form of food hampers, blankets, clothing etc.

## WHO WE ARE



Championing skill development and economic inclusivity in South Africa. We skill disadvantaged women and children with the tools for a brighter future. As a Level 1 BBBEE Contributor with Section 18A certificates, we amplify impact while offering tax benefits to our supporters.

***Join us in forging a more equitable tomorrow.***



# IMIFUNO GUIDE TO GARDENING

Blossoming in Gqeberha with Al Fidaa's nurturing touch, the Imifuno Guide to Gardening project is sowing seeds of self-sufficiency and rejuvenation in community gardens. Through vibrant bi-monthly workshops, we are turning barren lands into gardens of hope, cultivating not just plants but resilience, dignity, and a sense of belonging.

We focus on uplifting women and children touched by poverty, guiding

them to not only nourish their families but to flourish economically. It's more than a gardening project; it's a revitalization movement, turning green shoots into circles of empowerment and sustenance.

Join hands with Imifuno, and be a part of this blossoming beacon of self-sustainability and community transformation.

## OUR APPROACH

Through comprehensive training, vital tools, seedlings, and ongoing support, we empower marginalized individuals, particularly women and children affected by poverty.



### TRAINING & TOOLKITS

Comprehensive training sessions led by professional facilitators, empowering candidates with essential gardening skills.



### SEEDLINGS & SUPPORT

Seedlings are provided to kick-start garden projects, with ongoing support and guidance.



### SUSTAINABLE INCOME

Assistance in selling produce, generating an income for families.





# CULTIVATING FUTURES WITH THE AL FIDAA FOUNDATION

---

In the nurturing cradle of Al Fidaa's community gardens, life blossoms in the most barren corners of Gqeberha. Every seed sown is a pledge against hunger, a testament to our commitment to forging food security in impoverished locales. With over 700 vibrant gardens birthed and 77,000 seedlings generously bestowed, we are not just cultivating plants, but dreams.

We stand as architects of economic empowerment, fostering entrepreneurship amongst the most marginalized; guiding women and children to cultivate prosperity from the earth and nourish communities through the fruits of their labor.

Yet, the yield goes beyond the tangible, stretching into realms of knowledge and self-reliance. Our green classrooms are grounds of metamorphosis, nurturing seeds of skill in business acumen and self-sustainability. Here, individuals grow, learning the ancient art of gardening fused with lessons in commerce, blossoming into empowered beings with bright, sustainable futures.

With the Al Fidaa Foundation, every garden is a world of opportunities unearthed, a living, breathing entity that symbolizes growth, nourishment, and unyielding hope.

# BUDGET BREAKDOWN



## TRAINING

R600 PER LEARNER

Experienced Facilitator & training facility

Facilitator training fee & use of Facilities



## SEEDLINGS

R500 PER LEARNER

Purchase of Seedlings

Seedlings: (Leafy Veg, Root Veg & Fruit Baring Veg)



## MANUAL

R550 PER LEARNER

Imifuno Guide To Gradening Manual

Printed Training Manual



## EQUIPMENT

R500 PER LEARNER

Gardening Equipment

Equipment required for community garden



## CERTIFICATE

R150 PER LEARNER

Certificate For Attendees

Print of certificates to be awarded to attendees



**TOTAL** SPONSOR A  
LEARNER FOR ONLY

**R2300**

# PROJECT IMPACT

The Imifuno Guide to Gardening Project has far-reaching impact:



## Improved Food Security:

By establishing community gardens, we are contributing to a more secure and accessible food supply in impoverished areas.



## Economic Empowerment:

We empower marginalized individuals, particularly women and children, to generate income through the sale of their produce.



## Skill Development:

Our project enhances participants skills in gardening, business management, and self-sustainability, improving their long-term prospects.

## FEEDBACK

*I'd like to express my gratitude to Al Fidaa. We're unemployed and rely on this garden for sustenance. Al Fidaa has taught us valuable gardening skills. Our community is eager to learn too. We aim to boost our production to support the community, as we lack the funds to buy from stores. We're immensely thankful for Al Fidaa support.*  
-- Dorothy Smith (Joe Slovo Ward 41)

### 28 000 TRAINED

Al Fidaa has trained 28 000 people in gardening for food security

### 701 GARDENS

Al Fidaa has to date established over 701 community gardens

### 77 450 SEEDLINGS

Al Fidaa has donated 77 450 seedlings through out Gqeberha



# SPONSOR A COMMUNITY GARDEN

Our community aims to establish a sustainable and productive garden that fosters food security and community engagement. The proposed garden will cover an area of 12m x 13m and accommodate eight garden beds.

## GOALS AND OBJECTIVES

The primary goal of this community garden is to promote food sustainability by cultivating spinach, lettuce, baby spinach, cabbage, cauliflower, dhanian, to name a few. Through these crops, we aim to contribute our food security and to become self-sustainable.

## PLAN/LAYOUT

The garden layout will comprise of eight garden beds optimized for planting spinach, lettuce, baby spinach, and cabbage. Each row is estimated to yield up to 60 bundles/separate plants, facilitating efficient and productive growth especially with its pipelines having adjustable drippers in it ensuring constant and enough water to suffice the plants.

## BUDGET CONSIDERATIONS

An estimated budget of R38 000-00 has been allocated for this project. This includes expenses for seeds, soil, water tanks, booster pump, and pipes and fittings to ensure effective irrigation.

Please see breakdown

**TOTAL**  
**R38 000.00**

ITEMIZED COSTS	DESCRIPTION
Land preparation	Casual labourers
Tank base	Building materials
Tank base	Labour to build the base
Plumbing materials	Pipes, fittings, tank, pump, drippers
Plumbing	Plumbing connection
Electrical materials	Plugs, sockets, surfix, screws, cable
Electrical	Electrical connection
Cage	Pump security & lock
Manure	Horse manure for soil
Seedlings	Spinach, lettuce, cauliflower, Dhanian
Admin & implementation fee	Fuel, site surveying, day to day report

# DEAR POTENTIAL SUPPORTER

In the rich landscapes of South Africa, countless communities face the grim reality of food scarcity daily; a startling 1 in 4 individuals are currently facing hunger and malnutrition.

Amidst this, Al Fidaa Foundation stands firm with the Imifuno Guide to Gardening project, a vibrant beacon of hope nurturing over 700 community gardens and planting over 77,000 seedlings in Gqeberha's heartlands. This endeavor is more than a project; it's a crucial pathway to self-sufficiency, economic empowerment, and food security.

By investing R2300, you foster a future where families can nourish themselves dignifiedly and cultivate opportunities right in their backyards. It's a contribution towards a prosperous South

Africa grounded in community and sustainability.

In appreciation, we offer a partnership that visibly honors your commitment to societal upliftment through our promotional avenues. You'll be continually updated, witnessing first-hand the blossoming impact of your support.

Join us in this nurturing journey. Let's sow seeds of hope, one garden, one skill, and one empowered community at a time.

Thank you for considering this vital collaboration. Together, we can forge a South Africa where dreams are harvested from nourished soils.

Best regards,  
The Al Fidaa Foundation

## CONTACT

12 Market Street, North End  
Port Elizabeth, South Africa  
Tel: 041 484 1288  
admin@alfidaa.co.za

## BANKING DETAILS

Al Fidaa Foundation Standard Bank  
Branch: Greenacres  
Account No: 036 893 382 Branch No: 051 001  
Swift Address: SBZAZAJJ (Lillah only)

