

# **EMPOWERING COMMUNITIES**

Empowering individuals by equipping them with the skills they need to achieve self-sufficiency and financial independence









**CULINARY** 



**SEWING COMPUTERS** 

www.alfidaa.co.za

# A **MESSAGE** FROM THE **FOUNDER** OF THE AL-FIDAA FOUNDATION

I'm thrilled to share our 2024 Skills Report, which aims to make a profound impact on individuals from underprivileged backgrounds throughout South Africa. At the core of our mission is the belief that education and skills development are crucial in breaking the cycle of poverty. We remain steadfast in our commitment to providing free courses in coding, computer training, sewing, baking and culinary skills to those who lack access to these resources.

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Our mission is clear: to empower individuals by equipping them with the skills they need to achieve self-sufficiency and financial independence. By offering comprehensive training and educational opportunities, we aim to enhance employment prospects, elevate living standards, and create brighter futures for our beneficiaries and their families.

Our courses are meticulously crafted to provide a robust learning experience that prepares our beneficiaries for success in their chosen fields. Supported by a dedicated team of instructors, industry professionals, and volunteers, we foster a supportive learning environment where students can thrive and reach their full potential.

Yet, our work depends on the support of donors like you. Your generosity enables us to continue providing these essential services to those who need them most. Your contribution directly impacts the lives of our beneficiaries, providing them with the resources they need to succeed.

Please join us in our mission to improve the lives of those in need. Your donation will go a long way in supporting our cause and making a significant difference in the lives of many.

Thank you for considering our organization for your charitable giving.

Warm regards,

Nazir Munshie

Founder & Director

Munghie

Al-Fidaa Foundation





Amidst a world craving transformation and where dreams often languish, we proudly stand as a symbol of hope. Established in 2008, the Al Fidaa Foundation has been steadfast in its commitment to fostering skill development within our underserved communities.

Our mission is unequivocal: to empower women, equip them with the tools of entrepreneurship, and forge pathways to employment. Through our operational Skill Centers in Port Elizabeth, Durban, Pietermaritzburg, and Pretoria, we deliver accredited courses in sewing, baking, computer programming as well as culinary training.

These life-changing courses are provided free of cost to eligible individuals, ensuring accessibility for those who need it most. Our efforts have seen hundreds of graduates emerge, each igniting the spark of entrepreneurship and embarking on their own remarkable journeys.

<b>GRADUATES</b>	Baking	Sewing	Culinary	Computers	Total
Al-Fidaa Gqeberha	448	193		213	854
Willowton Group, PMB	326		23		349
Al-Fidaa Durban	279	88	42	348	757
The Knead, Laudium	148		16		164
	1201	281	81	561	2124



# THE **BAKING** COURSE

The Al-Fidaa Foundation Baking School offers a free home bakers' course to provide learners with the required skills to start their own business.



# PRODUCTS THEY WILL BE BAKING











**CAKES** 

**CUPCAKES** 

**BISCUITS** 

**PASTRIES** 

ROLLS

# **BAKING TECHNIQUES**

### **CAKES, CUPCAKES & DECORATING**

- Types of Cakes & Cupcakes
- Introduction to Piping Techniques
- Decorating Cakes
- Trending Cake Designs
- Specialty Cake Fillings

### **DOUGH PRODUCTS**

- Basic Dough Products
- Advanced Dough Products

### **BISCUITS**

- Simple Biscuits
- Intermediate Biscuits
- Advanced Biscuits

### **PASTRY PRODUCTS**

- Pate Sucre Sweet Pastry
- Choux Pastry
- Puff Pastry
- Speciality Bake

# **COURSE DETAILS**

Sponsor a Student	R5,500
Transport Cost	R800
Student Manual	R200
Students per course	12
Course Duration	4 Weeks



# Port Elizabeth

12 Market Street, North End



Durban

Nicol Street Parkade, Monty Naicker Road, Durban Central



**Pietermaritzburg** 

240 Ohrtmann Road, Pietermaritzburg



Laudium

361 grey St, Erasmia, Centurion Pretoria

# STUDENT **TESTIMONIALS**



Ntombikhayise Gidana Graduated May 2022, Gqeberha

Achieved her National Senior Certificate in Cookery and was awarded the Chief Executives Award at her capping graduation on the 19th April 2024. Her course duration was 12 months, she went straight from graduating at the Al-Fidaa Foundation to the International Hotel School.



**Emelda Mangena** Graduated Feb 2024, Gqeberha

'Good afternoon Mrs Rizwana I would first like to thank you and every other members of Al-Fidaa Foundation for the opportunity you gave me at your Academy and I would also love to notify you that I have started a small business with my baking skills an dim earning a lot out of it. Im currently baking biscuits and cakes etc. im still baking from (home) butif I manage to grow I will surely find a place. Truly happy and great full to you all, will send pictures of some of the items I make



Zahra Kumalo

Graduated Aug 2023, Durban

My name is Zahra Kumalo I would like to thanks Al Fidaa Foundation Chef Rizwaana and whoever was involved in my learning of baking. Jazakallaah so much im now baking at home for customers who order and ive had to find other employment to suffice, however, I get orders at my workplace too. I intend saving up money to buy a bigger oven and hopefully get more orders. My ultimate dream is to open up a bakery of my very own. I am slowly working towards achieving that. Once again thank you so much for making my dream come true.



Candes Meniers

Graduated Jun 2023, Gqeberha

Sprinkles & Smiles was established the year 2023 after I finish a baking course which was offered for free by Al Fidaa Foundation baking school in Port Elizabeth. i am currently baking from home and also running a small laundry service that was started months before i done the baking course due to being unemployed and living of a disability grant only

# THE **SEWING** COURSE



The Al-Fidaa Foundation Sewing School provides a 6-month sewing course equipping learners with all the required knowledge to start a business.

# **SEWING MODULES**

### THE SEWING COURSE IS FP&M SETA ACCREDITED WITH THE **FOLLOWING MODULES:**

- Make Garments 123632 (20 credits)
- Cost a Garment 123631 (4 credits)
- Write & Present a Simple Business Plan 10008 (7 credits)
- Customer Requirements 123630 (5 credits)
- Source Materials 123633 (5 credits)
- Finish & Store Items 12115 (5 credits)
- Production 13998 (2 credits)
- Practical Sewing Skills



# **COURSE DETAILS**

Course Duration	6 Months
Students per course	10
Sponsor a student	R5,000
Accreditation	FP&M SETA



### Port Elizabeth 12 Market Street, North End



# Nicol Street Parkade, Monty Naicker Road, Durban Central

Laudium 361 grey St, Erasmia, Centurion Pretoria



# STUDENT **TESTIMONIALS**



# Nonsikelelo Sibiya

Graduated Dec 2022, Gqeberha

I have been operating my business from home since i graduated at the Al Fidaa Foundation. I do Churchwear garments and managed to buy my own domestic sewing machine with the money I earned.



### **Ncamsile Mbutho**

Graduated Dec 2023, Durban

I handed out my CV with my Sewing Certificate received from Al-Fidaa and one of the clothing industry companies called me for an interview. I passed the interview and im working as a QC now.



### Nandi Mzolo

Graduated Dec 2023, Ggeberha

Hi Nomakhaya (lecturer at the DBN Al-Fidaa Sewing Studio) my life was difficult, because I was not experienced enough when it comes to sewing, cutting and reading of patterns I had no clue. But now im trying and my clothes are selling. Trying out different patterns, there is a lot of change



### Zanele Ncoko

Graduated Dec 2023, Ggeberha

I've completed my Sewing Skills
Program with the Al-Fidaa Foundation
sewing studio. Since then it has
opened many doors for me in starting
my own business and perfecting my
skill. I now manufacture traditional
design wear and customized outfits
for clients. My first highlight in my
business was receiving and order from
a school to manufacture 200 uniforms
and mask. I'd like to thank the AlFidaa Foundation and the facilitator
Ziyanda Pethu for turning my dreams
into a reality.

# THE **CULINARY** COURSE

The Al-Fidaa Foundation Culinary School based in Durban offers learners a professional culinary



course providing them with the required skills to start their own catering business or seek employment in the industry.

# **TECHNIQUES**

Preparation Methods of each of the following cuisine types: African, English, American, French, Indian & Italian.



They will be taught the specific Desert dishes & Savory dishes of these cuisine types based on the Learner & Recipe Guide book designed specifically for this course.

### **CUTTING & PREPARATION**

- Brunoise
- Slicing
- Chiffonade
- Carre
- Iulienne / Allumette
- Macedoine
- Parmentier

### **SAUCES**

- Velaute
- Bechamel
- Mayonnaise
- Hollaindaise

### THEORY COVERED IN COURSE

- Food preparation methods
- Personal development as a chef & cook
- Personal hygiene & safety
- Food safety & quality assurance
- Work place safety
- Numeracy & units of measures

- Introduction to the kitchen & hospitality & catering industry
- Environment awareness.
- Nutrition & diet type
- Theory of food production
- Practical skill module specifications

# **COURSE DETAILS**

Course Duration 12 Weeks

Student Manual R200

Sponsor a student R10,000

Accreditation SA Chef Assoc.



Durban

Nicol Street Parkade, Monty Naicker Road, Durban Central



**Pietermaritzburg** 

240 Ohrtmann Road, Pietermaritzburg



**Pretoria** 

361 Grey Street, Erasmia, Centurion, Pretoria

# STUDENT **TESTIMONIALS**



### **Nozipho Lutuli**

Graduated May 2024, Durban

I enjoyed the course, it was really productive. We learnt so much in such a short space of time and gained so much knowledge. I am currently looking for chef jobs



### Sipesihle Mlaba

Graduated May 2024, Durban

Al-Fidaa really helped me to sharpen my skills.



### Samantha Mthembu

Graduated July 2022, Durban

The course was productive and educational and with the skill I got from Al-Fidaa, I will continue to be a trainee in the hotel to gain more experience and hopefully get hired as a full time employee, but my aim is to open my own catering company or kitchen



# THE **COMPUTER** COURSE

The Al-Fidaa Foundation has setup various computer courses ranging from beginner to advanced including coding allowing learners to seek employment in many industries.

### **COURSE BREAKDOWN**

The purpose of the qualification is to build the knowledge & skills required by learners in End User Computing. The Course is aligned with MICT SETA & are industry recognized & relevant in the work place. Computer skills can be an advantage to the job seeker as well as to the already employed who would like to increase their level of skill & competency.

# UNIT STANDARDS & MODULES OF THE COMPUTER LITERACY COURSE

- 116930 Use a Graphical User Interface (GUI)-based presentation application to enhance presentation appearance
- 117925 Describe the concepts of Information & Communication Technology (ICT) & the use of its components in a healthy & safe manner
- 117924 Use a Graphical User Interface (GUI)-based word processor to format documents.
- I16942 Use a GUI-based word processor to create merged documents.
- I19078 Use a GUI-based word processor to enhance a document using

tables & columns

- 116937 Use a Graphical User Interface (GUI)-based spreadsheet application to create & edit spreadsheets
- I 16943 Using a Graphical User interface (GUI)-based spreadsheet application, enhance the functionality & apply graph /charts to a spreadsheet.
- 258876 -Work with spreadsheets
- 117923 Use a Graphical User Interface (GUI)-based presentation application to prepare

# **BASIC COURSE**

Course Duration 2 weeks

Sponsor a student R1,500

# **INTERMEDIATE**

Course Duration I month

Sponsor a student **R3,000** 

Accreditation SETA ALIGNED





Durban

Nicol Street Parkade, Monty Naicker Rd



# THE **CODING** COURSE

# **COURSE BREAKDOWN**

- We offer Seta Accredited NQF level
   National Certificate in Systems
   Development (through IT Varsity).
- 'Apptrepreneur' is an intense vocational qualification aimed at preparing students for a career in software development.
- Students complete a 12-month course that includes: SAQA\* ID 48872 NQF LEVEL 5, totaling 131 Credit.

# FROM ZERO TO JOB READY IN ONE YEAR

It addresses the need to provide skills training opportunities for youth, especially females, from previously disadvantaged backgrounds to obtain a relevant accredited IT qualification.

We find that Coders are in huge demand; SA is building a digitalized economy but there is a shortage of developers.

# **CODING COURSE**

Course Duration

12 months

Sponsor a student

R25,000

### Michael Limberg Make me a coder, Do4SA



Thank you, Do4SA, for providing me with an opportunity to learn coding. I started off slowly, but gradually, I began improving in my coding skills and my mindset. I started thinking of ways to improve myself and think outside the box. I was a part-timer at a factory, but the pay was low, and the work was demanding. Compared to my previous work, I do a lot less and earn a lot more. Without them giving me this opportunity, I would probably never have reached where I am today.

### Likhona Komle Make me a coder. Do4SA



I am very thankful to Do4SA for providing me with the incredible opportunity to participate in this coding program. Now, I am excellent at problem-solving, creativity, abstract thinking, and project planning. Currently, I am unemployed, but I am hopeful that this course will open doors for me in this techno-revolution. I am very grateful to Do4SA and IT Varsity for this opportunity

# YOUR BBEEE SCORECARD

B-BBEE is so important for every business today, a great scorecard opens up so many opportunities...

We can help your company spend on 3 elements of B-BBEE

### SOCIO ECONOMIC DEVELOPMENT

**ENTERPRISE DEVELOPMENT** 

### SKILL DEVELOPMENT

Why spend to an unknown company for unknown recipients.

Spend via the Al Fidaa Foundation!

Enjoy regular feedback on trainees, share their milestones & achievements to customers & social media.

The Al Fidaa Foundation is a Non-Profit Organization, that is able to issue Section 18A tax certificates for donations.

We are on a Level 1 BEE status; this will enable your spend to be in line with the BEE code.



NPO (070-651) PBO No: 930 033 996 BBBEE COMPLIANT

# CONTACT

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# **BANKING DETAILS**

Al Fidaa Foundation Standard Bank

Branch: Greenacres Account No: 036 893 382 Branch No: 051 001

Swift Address: SBZAZAJJ

Ref: Skills





